

SCHEDA DI SINTESI – MOBILITA' DOCENTI

Consorzio Erasmus+ | Settore Adulti – Leadership and Management for School Principals – Barcellona, Spagna

Docente	Valeria Tranchinetti	Istituzione	CPIA Massa Carrara – Carrara
Progetto	2022-1-IT02-KA121-ADU-000056291	Ente ospitante	Europass Teacher Academy – Barcelona (ES)
Periodo	11-15 Maggio 2026	Tipologia	Corso Leadership and Management for School Principals



PROGRAMMA GIORNALIERO

Data	Temi principali
11/05/26	Leadership vs Management : what kind of leader are you ? The importance of Journaling
12/05/26	PERMA theory of well being. How to be a strong team. The five steps of true leadership.
13/05/26	Essential Leadership skills. Emotional intelligence. Artful thinking routines
14/05/26	The healthy mind platter. Active listening skills. Communication skills. The importance of feedback.
15/05/26	The growth mindset. Coaching and mentoring. Comprehensive action plan for leadership and conflict resolution.

METODOLOGIE E STRUMENTI

- Lezione interattiva e dialogata
- Lavori in coppia e di gruppo
- Compiti di realtà
- Setting flessibile
- Aula, museo, esterno

ATTIVITA' – Museu Nacional d'art de Catalunya

- Learning by Doing activities to guide participants through the process of selecting and thinking about the work of art
- "See, think, wonder" thinking routine
- Story telling group work

COMPETENZE ACQUISITE

Il programma intensivo ha portato all'acquisizione di competenze quali leadership strategica, team building, intelligenza emotiva, comunicazione efficace e neuro agilità, gestione dei conflitti, cultura del feedback e autogestione delle energie mentali

